

A photograph of a large indoor gymnasium with a high, arched metal roof and various exercise equipment like mats and beams. The image is covered with a semi-transparent blue overlay.

**Welcome
to the
gym!**

MINNEAPOLIS GYMNASTICS

2025-2026 Calendar

SEPTEMBER 2025

S	M	T	W	T	F	S
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OCTOBER 2025

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NOVEMBER 2025

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DECEMBER 2025

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JANUARY 2026

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FEBRUARY 2026

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MARCH 2026

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APRIL 2026

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MAY 2026

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JUNE 2026

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JULY 2026

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AUGUST 2026

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BILLING DATE FOR CLASSES (1ST DAY OF THE MONTH)

GYM CLOSED

DROP REQUESTS DUE (15TH DAY OF THE MONTH)



EN ESPAÑOL

2025-2026 Calendario

SEPTIEMBRE 2025

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OCTUBRE 2025

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NOVIEMBRE 2025

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FEBRERO 2026

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MARZO 2026

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ABRIL 2026

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MAYO 2026

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JUNIO 2026

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JULIO 2026

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FECHA DE FACTURACIÓN DE LAS CLASES (1.ER DÍA DEL MES)

GIMNASIO CERRADO

FECHA LÍMITE PARA SOLICITUDES DE BAJA (15.ER DÍA DEL MES)



"SCHOOL'S OUT" DAY CAMPS 2025-2026

2025

- September 23 - St. Paul, Minneapolis, Bloomington
- October 2 - St. Paul, Minneapolis, Bloomington
- November 4 - Minneapolis
- November 7 - St. Paul, Richfield

2026

- January 19 - St. Paul, Minneapolis, Bloomington, Richfield
- January 20 - Bloomington
- January 23 - Minneapolis, Richfield
- January 26 - Richfield
- January 30 - St. Paul
- February 6 - Bloomington
- February 13 - Minneapolis
- February 16 - St. Paul, Minneapolis, Bloomington, Richfield
- February 17 - Minneapolis
- March 12 - 13 - Bloomington
- March 16 - 19 - Bloomington
- March 20 - St. Paul, Minneapolis, Bloomington, Richfield
- March 27 - Minneapolis, Richfield
- April 6 - 10 - St. Paul
- April 24 - Bloomington
- May 26 - 27 - St. Paul, Minneapolis



"SCHOOL'S OUT" DAY CAMPS 2025-2026

Check out a full list of which days we will be running day camps while your school district is closed!

Minneapolis (MPS)

- September 23
- October 2
- November 4
- January 19
- January 23
- February 13
- February 16
- February 17
- March 20
- March 27
- May 26-27

St. Paul (STP)

- September 23
- October 2
- November 7
- January 19
- January 30
- February 16
- March 20
- April 6-10
- May 26-27

Bloomington (BPS)

- September 23
- October 2
- January 19-20
- February 6
- February 16
- March 12-13
- March 16-20
- April 24

Richfield (RPS)

- November 7
- January 19
- January 23
- January 26
- February 16
- March 20
- March 27

FREQUENTLY ASKED QUESTIONS

REGISTRATION:

HOW DO I REGISTER?

To find a class that is right for you, click on the "Classes" header at the top of our website. Once you have found the class that best fits your needs, click on the "Register Now" button under that class description.

This will take you to our Family Portal, where you will create an account and finish the registration process.

You can also register through our Mobile App! Search "Minneapolis Gymnastics" on the App Store or Google Play to download. You can access your account on the go from anywhere!

If you have questions about which class is right for your student, send an email with your student's age and information about any prior experience to info@mplsgymnastics.com and we will recommend an appropriate option for your student!

CAN I REGISTER MY STUDENT IN THE MIDDLE OF THE MONTH?

Yes! You can register and join at any time!

If you would like to join in the middle of the month, we will prorate your first month so you only pay for the number of classes remaining in that month. When you create an account, our system will recognize that you are new to our program and will automatically prorate your registration at checkout!

After your first month, your enrollment will automatically roll from month to month so you don't have to re-register every month!

DO YOU HAVE A MULTI-CLASS DISCOUNT?

Yes! All of our classes are priced as follows:

All half-hour long classes: \$59/month+tax

- Each additional half-hour long class in the same month: \$54/month+tax

All 1-hour long classes: \$106/month+tax

- Each additional 1-hour long class in the same month: \$101/month+tax

Team classes (4 hours/week): \$222/month+tax

- Each additional sibling: \$197/month+tax

FAQS CONTINUED

REGISTRATION:

DO YOU HAVE A SIBLING DISCOUNT?

Yes! When enrolling multiple students from the same family, each additional sibling is \$5 off per class! We do this in hopes that the cost of our programming can be attainable to all and that siblings have the opportunity to take classes!

Ex: When signing your family up for classes, student #1 will pay full price, while students #2, #3, #4 will pay \$5 less per each class registered for.

HOW DO WAITLISTS WORK?

If the class you would like to join says “waitlist”, you can simply follow the prompts to register for that waitlist in the parent portal! (If the class you’re interested in is an Advanced level class, you’ll need to email us at info@mplsgymnastics.com as those classes require prior coach referral.) Once you’re on a waitlist, we will email you directly at the email address that is associated with your account to offer you an opening as soon as it becomes available. You then have three business days to reply to that email confirming whether you’d like to “add” or “change to” that class. We will then enroll your child in that new class, and confirm the completed registration changes via reply email to you. Waitlists have no cost and there is no limit to the number of waitlists you can be on! You are also welcome to continue in a different, active class while you wait for a spot in a more desired day/time if you'd like to!

HOW DO I DROP CLASSES?

Parents/Guardians can drop classes with a 15 day notice. To drop a class, follow these directions:

On Desktop:

- Log into your account and click “My Account” at the top of the screen.
- Under your child’s name, click the “Enrollments” icon.
- Find the class you’d like to drop and click “Drop Enrollment.”
- Select your preferred drop date (must be at least 15 days out).
- Click “Yes, please drop!” to confirm.

On our Mobile App:

- Tap “Account” in the bottom toolbar.
- Select your student, then tap “Enrollments.”
- Tap “Drop Enrollment” next to the class you wish to drop.
- Select your preferred drop date (must be at least 15 days out).
- Click “Yes, please drop!” to confirm.

Important Notes:

- Drops take effect 15 days after the date you submit the request.
- Tuition continues through that 15-day period.

FAQS CONTINUED

AT THE GYM:

WHAT SHOULD I WEAR/BRING TO CLASS?

Please wear comfortable clothing, such as a leotard or a t-shirt with either shorts, sweatpants or leggings. **No dresses or skirts should be worn.** To ensure class safety, we ask that clothes are close fitting and cover the midriff. We recommend bare feet during class, but socks are optional. Hair long enough to fall into eyes must be tied back before the start of class.

Personal items should be left in cubby holes upon arrival to class. Feel free to bring a water bottle! We also have drinking fountains available. The MPLS Gymnastics staff will not be responsible for ANY items that may be lost or stolen. If you do lose an item at the gym, you can check the lost and found bin or ask for help at the front desk.

WHEN SHOULD WE ARRIVE AND PICK UP?

Arrival: Please be sure that your student arrives 5 minutes before their scheduled class time (no earlier please). Escort your student into the building to keep them safe in the parking lot. Bring your student to the check in line where they will be checked in for their class by a coach.

Pickup: Please arrive back to the gym 5 minutes prior to the end of their class ending time. Please pick up your student on time. During peak times, our parking lot can get very crowded, so we ask that you always escort your children to your car. Please drive cautiously in our parking lot to ensure safety! Thank you!

CAN FAMILIES EAT WHILE IN THE GYM?

Families can eat while in the seating areas of the gym, but food and drink (including water) are never allowed in the gymnastics area. If a student needs a drink of water during class, we ask that they go and get a drink from the drinking fountain or from their water bottle which is left in a cubby upon arrival to class.

If you choose to eat at the gym, please be sure that your student has time between eating and the start of their class time so that they never enter the gymnastics space with food in their mouth.

FAQS CONTINUED

AT THE GYM:

CAN A PARENT LEAVE DURING CLASS?

Yes! If you would prefer to leave and do other things during your student's class, you are more than welcome to. We ask that you return 5 minutes prior to the end of class time to pick up for your student so that the coaches can attend to the next class.

We understand how valuable a little extra kid-free time can be as a parent, so we encourage you to take advantage of this option if it helps fit your needs!

Supervision Policy:

- Children must be actively participating in a class under the supervision of a coach at all times while at the gym if not with a parent/guardian.
- Children who are not enrolled in a class must be accompanied and supervised by a parent or guardian.
- Unattended children are not permitted in the gym at any time.
- This policy applies to parents/guardians who are more than 15 minutes late picking up their child.

Process for Unaccompanied Children:

- If it comes to the attention of staff that a child is unattended, parents will immediately be contacted
- If parents do not arrive within 15 minutes, or as discussed with staff, Minneapolis Gymnastics reserves the right to apply a \$25 charge to the account of the registered family
- If children are left unattended more than two times, Minneapolis gymnastics reserves the right to end the enrollment of the family in question.

FAQS CONTINUED

BILLING:

WHEN WILL I BE BILLED FOR THE CLASSES I AM REGISTERED FOR?

Class tuition will be charged on the 1st day of each month. Class payments are month to month, so you will never have to pay for more than one month of tuition at a time.

HOW OFTEN WILL I GET BILLED FOR CLASSES?

All of our classes are rolling enrollment and not session based, so billing happens every month as opposed to quarterly or yearly. We do this to keep our class options flexible, and for new students/families to have the ability to join when it is convenient for them!

DOES THE COST OF MY REGISTRATION CHANGE IF THERE ARE MORE OR LESS THAN 4 CLASS DAYS IN A GIVEN MONTH?

No! Class tuition remains the same every month, even if the number of class days is not equal to four. We do this to ensure that our class pricing remains easy to understand and the amount will be predictable when your account is billed on the 1st day of the month. The number of class days in a month evens out throughout the year, with some months having more or less than 4 class days. You can be sure that your class will always be running on the day of the week that you signed up for. The only exceptions to this are for a scheduled holiday break (which will always be announced ahead of time) or due to weather or other unpredictable factors, in which case you will always be notified.

MAKE UP POLICY:

Make up tokens are issued in the case of all unplanned gym closures.

If your class is canceled, you will receive notification of a make-up token to be used within one year of the canceled class.

*We do not issue make up tokens for other types of absences.

For step by step instructions on how to redeem your make up tokens, see the next page of this PDF!

**Still have a question that hasn't been answered?
Please send us an email and we will be happy to help!**

info@mplsgymnastics.com

HOW DO I USE MY MAKEUP TOKENS?

To schedule and use a make up token:

- Locate your student's profile on your Minneapolis Gymnastics account.
- Choose "Make Ups" under the name of the student you wish to use a token for to access the tokens available to you.
- Choose the date on which you wish to attend your Make Up class.
- All age appropriate options available on that date will appear.
- Choose the option you prefer, and click the "Use Make Up Token" button.
- That token will now appear in the "Pending Make Up Tokens" category.
- You are now all set to attend your Make Up class! :)

You can also use a make up token to attend an Open Gym! (Student's ages 3yr to 5yr must have a parent attend on the gymnastics floor with them for safety).

Please schedule Make Up classes at least 7 days in advance so that we have time to ensure our classes are staffed appropriately.

If you have any trouble with scheduling your tokens, please reach out and we will be happy to help!

info@mplsgymnastics.com

LET'S HAVE A PARTY!

Host a birthday party at one of our facilities!

INCLUDED

✓ 90 minutes of party time!

Includes:

- Instructor-led time in the gym using the equipment (60 minutes)
- Use of space for meal/present opening etc. (30 minutes)

*Usually enough time to do cake OR presents

- Tables/table cloths and chairs for up to 20 people
- On-site bathrooms and drinking fountains
- Bluetooth speaker!

*Guests can connect their own music or request the music of their choosing

- Staff member to assist with any needs

YOU PROVIDE

Things that can be brought but are not provided by the gym:

- Decorations that are easy to set up/take down
- Plates/plastic-ware/napkins
- Food or cake

*No kitchen for food prep space or refrigeration

PRICE

\$300^{+tax}
(1-20 Kids)



Have any questions? info@mplsgymnastics.com